

# Designing Easy to Read Resources

## Health Literacy Workshops

### WHY

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Five Health Literacy & Environment audits conducted at Regional Health services 2015 – 2018

- Consumers as reviewers
- Results mixed
- 95% of information on display was unreadable by the average consumer
- Recommendation – Training in how to create easy to read resources

### OUTCOME

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- 14 full day training sessions in 2018/19
- 8 in Bendigo, 1 in Boort, Heathcote, Kerang, Wedderburn, Ararat and Echuca
- 40 organisations attended
- High demand in Bendigo and requests from other regions

**CONTACT:**  
**BENDIGO LODDON PRIMARY**  
**CARE PARTNERSHIP**

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### THE TRAINING

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- 44% adults do not have functional literacy
- 60% have low health literacy
- Consumer input and review is central
- Training combines theory and practice
- Learn to write clearly, use every day words and practice good design

### EVALUATION

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- 100% recommend the training to others
- 100% intend to embed learnings in their workplace

**"Terrific learning!  
Information  
that can be used  
every day"**

**"Lots of great practical  
applications, examples,  
discussions & advice"**