



# CULTURAL COMPETENCY

Cultural competency is an important element of health and community organisation service delivery, required to ensure all community members receive access to care that meets their needs. A culturally competent health care system can help improve health outcomes and quality of care, and can contribute to the elimination of racial and ethnic health disparities. Further, it promotes respect, inclusion and equality.

Campaspe, Central Victoria and Bendigo Loddon Primary Care Partnerships have produced this online professional development resource list that incorporates best practice webinars and information focusing on cultural competency.

To access all other areas [Click Here](#)

Resources are available to suit a number of learning styles and include websites, online learning, webinars, podcasts and reports. Anticipated read time for each resource has also been indicated:

🕒 **15 minutes or less**      🕒 🕒 **15 to 45 minutes**      🕒 🕒 🕒 **More than 45 minutes**

Bendigo Loddon PCP have also collated a number of COVID-19 Aboriginal and Torres Strait Islander resources, to access: [Click Here](#)

**VACCHO and Local Co-operatives:** Click images to access websites.



## ACKNOWLEDGEMENT of COUNTRY

We respectfully acknowledge the traditional land of the first peoples and we acknowledge the Dja Dja Wurrung, Barapa Barapa, Wegaia, Taungurung, Wurunderji Woi Wurrung, Wemba Wemba and Yorta Yorta people who are the traditional custodians of this land. We pay respect to their elders past, present and emerging. We express our gratitude in the sharing of this land, our sorrow for the personal, spiritual and cultural costs of that sharing and our hope that we may walk forward together in harmony and in the spirit of healing.



## WEBSITES

### Uluru Statement from the Heart

**Author:** The Uluru Statement

### Share our Pride

**Author:** Reconciliation Australia

Cost: Free

Time: ⌚

**Expected learnings:** An understanding of the lives and cultures of Australia's First People

### WellMob

**Author:** Australian Indigenous HealthInfoNet

Cost: Free

Time: ⌚

**Expected learnings:** Access to an extensive library of resources on Aboriginal and Torres Strait Islander health.

### Lowitja

**Author:** Lowitja Institute

Cost: Free

Time: ⌚

**Expected learnings:** Access to an extensive library of culturally relevant resources to support social & emotional wellbeing for Aboriginal and Torres Strait Islander people

### Health Translations

**Author:** Centre for Ethnicity and Health

Cost: Free

⌚

**Expected learnings:** Access to free, reliable translated health information produced in Australia.



## FIRST NATIONS WEBSITES

**Barapa Barapa**

**Barengi Gadjin Land Council – Wergaia Dja Dja Wurrung**

**Taungurung**

**Wemba Wemba**

**Wurundjeri Woi Wurrung**

**VACCHO**

**Yorta Yorta Nation**



## ONLINE MODULES

### SBS inclusion program

**Author:** SBS

Time: ⌚ ⌚

Cost: \$75 per person (prices reduces for more than 50 people)

**Expected learnings:** Core knowledge and skills around inclusion in general and also specifically around different diversity dimensions - Aboriginal and Torres Strait Islander, cultural diversity, gender, age, disability and LGBTIQ+.

### Introduction to cultural competence (modules 1 & 2)

**Author:** Centre for Ethnicity and Health

Cost: \$45 per module

Time: ⌚ ⌚ ⌚

**Expected learnings:** Core knowledge around cultural diversity in Australia, the influence of government policy and practical skills including working with translators, identifying biases and preparing documentation in plain english.

## Aboriginal and Torres Strait Islander Cultural Competence Course

**Author:** Centre for Cultural Competence Australia

Cost: \$192.50

Time: ⌚ ⌚ ⌚

**Expected learnings:** Comprehensive introductory course to build knowledge of Aboriginal philosophy, history and policy and explore practical aspects of cultural competence in an organisational setting.



## WATCH AND LISTEN

### Webinar series (various topics, ongoing)

**Author:** Centre for Ethnicity and Health

Cost: Free

Time: ⌚ ⌚

**Expected learnings:** A wide range of topics are covered including communicating effectively with translators, using plain language and negotiating between health beliefs.

### Culturally Reflective Casework Practice webinar

**Author:** NGO Learning Centre

Cost: Free

Time: ⌚ ⌚

**Expected learnings:** A practice model that discusses the needs and challenges that can impact on clients from CALD backgrounds, and identifies ways in which organisations & practitioners can adapt Reflective Practice in their casework.

### The art of inclusion

**Author:** Diversity Council Australia

Cost: Free

Time: ⌚

**Expected learnings:** An understanding of wider social issues faced in Australia, told through short stories of peoples experiences.



## READING

### Closing the Gap Report 2020

**Author:** Australian Government

### Closing the Gap Targets

Cost: Free

Time: ⌚ ⌚ ⌚

**Expected learnings:** Progress made toward and new targets for reducing disadvantage among Aboriginal and Torres Strait Islander people.

### Working with Indigenous children, families, and communities: Lessons from practice

**Author:** Australian Institute of Family Studies

Cost: Free

Time: ⌚ ⌚

**Expected learnings:** Methods that child and family services can use to support Indigenous families and communities.

### Indigenous deaths in custody: 25 years since the Royal Commission into Aboriginal Deaths in Custody

**Author:** Alexandra Gannoni and Samantha Bricknell

Cost: Free

Time: ⌚ ⌚

**Expected learnings:** Trends and characteristics of Indigenous deaths in custody since 1991–92, using data obtained through the National Deaths in Custody Program.

### Victorian Aboriginal Affairs Framework

**Author:** Victorian Government

Cost: Free

Time: ⌚ ⌚ ⌚

**Expected learnings:** An understanding of the Victorian Government's overarching framework for working with Aboriginal Victorians, organisations and the wider community to drive action and improve outcomes

### Aboriginal and Torres Strait Islander cultural safety framework

### Cultural Safety continuum reflective tool